

*SURE*  
*Service Users Resource Centre*



*SURE* seeks to represent the consumers of mental health services in Vale Royal, by bringing a service user perspective to those who plan and provide those services.

*SURE* has a number of books, leaflets, newsletters and other publications that can help service users carry out their own assessment of what their needs are. If you want to have a look at any of these, phone and arrange to call at *SURE* on a Monday or Tuesday.

## *SURE* aims to -

- ⊕ Represent the consumers of mental health services
- ⊕ Promote more positive images of people with mental health problems
- ⊕ Provide a base for service users representatives to meet
- ⊕ Provide an information base of resources
- ⊕ Promote a user perspective and focus for consultation
- ⊕ Maintain and develop our input into regular planning meetings
- ⊕ Identify gaps in services and explore 'user led' services
- ⊕ Provide information about services available
- ⊕ Advise in the training of professionals
- ⊕ Be involved in research into mental health
- ⊕ Challenge discrimination & stigma

# *SURE*

Represents Vale Royal Mental Health Service Users at:

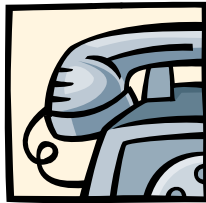
- ⊕ Vale Royal Mental Health Sector Planning Group
- ⊕ Central Cheshire Mental Health Forum
- ⊕ Vale Royal Voluntary Sector Forum
- ⊕ Vale Royal Local Care Forum
- ⊕ Community Consultation
- ⊕ Expert by Experience
- ⊕ Acute Care Forum
- ⊕ Mental Health & Well Being Group
- ⊕ Mind Parliamentary Network
- ⊕ Cheshire Disabilities Federation
- ⊕ Central & Eastern Cheshire Service Development Group

The working members of *SURE* are representatives of service users throughout the Vale Royal area. If you would like to find out more and get involved contact *SURE*.

# *SURE Service Users Resource cEntre*



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**Welcoming and accessible to all  
users and ex-users of mental  
health services.**