

Threshold Women's Mental Health

Infoline






Freephone

0808 808 6000*

E-mail: infoline@thresholdwomen.org.uk

National Freephone Mental Health Infoline providing confidential information and emotional support to women, their carers and workers

We provide:

-  Details of local and national services throughout the UK
-  A series of easy to read factsheets on women and mental health
-  Information for workers supporting women with mental health issues

Open Mondays - Thursday

10am - 12pm & 2pm - 4.30pm

24 hour answerphone outside of these open hours

*Free from Orange, Virgin, 3 and Vodafone mobiles
Calls welcomed through *Typetalk* and *Languageline*
Some factsheets available on audiotape

Supported by



Languageline

Contact by phone, email or write.
Threshold, 14 St Georges Place, Brighton BN1 4GB
Fax: 01273 626444

www.thresholdwomen.org.uk

Reg. Charity No. 1000835

Member of the Telephone Helplines Association
"Quality and Confidence for Callers to Helplines"



THRESHOLD
Women's Mental Health Initiative